Seed Dance!

Seeds move through the environment in different ways.

Gravity: Some seeds drop from the plant, and then bounce or roll.

Wind: Some seeds are designed to glide in the wind.

Water: Some seeds float in river or ocean currents.

Burst: Some seeds explode out from the plant or from seed pods.

Hitchhike: Some seeds have burrs or hooks that attach to animals. Other seeds are carried by animals when they eat the seeds.

Choose any of the seed travelling styles. Create a dance that moves across the room in that style.







Extension Activity:

Build a game for your family and friends. Call out one of the seed travelling styles. Have them move like that type of seed until you call out a new style!



