## Seed Dance: Seed Dispersal Through Movement

Seeds have a variety of dispersal methods for moving away from their parent plant and travelling through the environment. This includes:

*Barochory:* Dropping from the plant, and bouncing or rolling away.

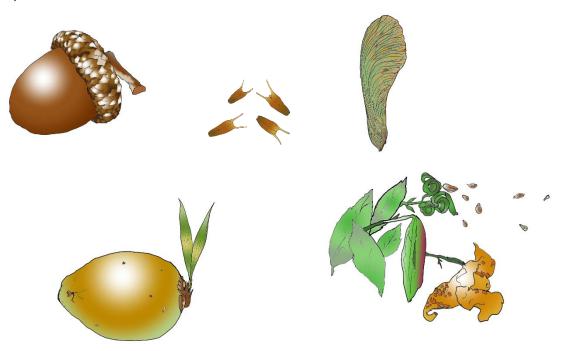
*Ballochory:* Shooting from the plant or from seed pods.

*Zoochory:* Being carried by animals that eat the seeds, or attaching to animals with burrs or hooks.

Anemochory: Floating or gliding in the wind currents.

Hydrochory: Floating away in water like a river current or ocean tides

Choreograph a dance or movement series that expresses one or more of these seed dispersal methods.



## Extender Activity:

Choose any plant and research its seed dispersal method. Choreograph a cyclical dance that expresses the full lifecycle of the plant, from the journey of the seed, to its sprouting and growth, to its bloom and a release of seeds to begin the dance again.



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